INDIANA DENTAL HYGIENISTS’ ASSOCIATION

IDHA Annual Conference
Friday & Saturday, November 11-12, 2022

Grand Wayne Convention Center
120 W Jefferson Blvd.
Fort Wayne, IN 46802
Dear Annual Conference Attendees,

It is with pleasure that I invite you to the Indiana Dental Hygienists’ Association’s 76th Annual Conference. We are excited to present a two-day conference once again, but this year at an all new location and venue at the Grand Wayne Convention Center in Fort Wayne, Indiana on Friday and Saturday, November 11-12, 2022.

In light of the ongoing COVID-19 pandemic that has changed the world and the face of dentistry, the IDHA is committed to this year’s theme of “Be the Change.” In keeping with this theme, you are able to receive not one, but two full certifications (if you choose) in the topics of Nitrous Oxide and Laser Usage. You will also get the opportunity to attend a variety of other courses such as Cultural Competencies and TMJ, Sleep, and Myofunctional Therapy.

Additionally, we will hold the annual General Assembly meeting. Your presence, your voice on how your leaders lead, who will be elected into office, and your vote on proposed bylaws and policy changes are needed to conduct the business of this association. New leaders will be elected and installed at the conclusion of the General Assembly.

Please join your colleagues for networking and comradery, continuing education courses, meeting with new vendors at the exhibit hall, and don’t forget to register for the ever popular President’s Reception!

I look forward to seeing your smiling faces in person!

Respectfully,

Lauren McNicholas
IDHA President 2021-2022
Greetings!

As the IDHA Vice President and 2022 Annual Conference Council Chair, I am thrilled to extend an invitation to you and your colleagues to our Building for the Future event on November 11-12, 2022. IDHA is proud to host our 76th Annual Conference in a different location this year! We are excited to bring new scenery to our event by holding it at the Grand Wayne Convention Center in downtown Fort Wayne.

With multiple courses available to choose from throughout the weekend, there is sure to be something for everyone! There will be opportunities for obtaining certifications in both laser usage and nitrous oxide administration. Courses covering topics such as technological innovations in dental hygiene, sleep apnea and myofunctional therapy, cultural competence, ethics, community dental health, and medical emergencies will all be available as well. Our speakers include a variety of national and local names, and we look forward to hosting them at our event!

Friday evening provides an opportunity for celebration and socializing with other registered attendees at our President’s Reception. This event will be held in the beautiful atrium of the Hilton Hotel connected to the Grand Wayne Convention Center. Contributions and accomplishments of association members who have gone above and beyond will be recognized, and networking opportunities will present themselves over dinner and dancing. There will be chances to personally connect with not only educators and administrators, but business owners, sales representatives, and clinicians who have been role models for the dental hygiene profession.

On Saturday, there will be an opportunity to explore the area as we enjoy lunch outside of the Convention Center. With dozens of local and chain restaurants within walking distance, you will be able to join friends and colleagues in seeing some of the wonderful options Fort Wayne has to offer.

As always, there will be time reserved during the conference for association business. Past President Heather Taylor will conduct our General Assembly Annual Meeting. Furthermore, this is the perfect opportunity to consider how you can have an impact beyond simply paying dues. Consider what qualifications you possess that could be beneficial in service to our association and our profession. Join us as we continue to Be the Change in our profession and discover what exciting things may be in store for us next. I cannot wait to see you there!

Sincerely,

Jessica Rocke

Jessica Rocke, RDH, BSDH, MSCOH

IDHA Vice President/Annual Conference Council Chair
2022 ANNUAL CONFERENCE EVENT SCHEDULE
Events held at Grand Wayne Convention Center unless otherwise noted

Friday, November 11, 2022

7:30 am – 8:00 am Breakfast
7:30 am – 10:00 am Registration
8:00 am – 5:00 pm Exhibits Open All Day
7:30 am – 5:00 pm Silent Auction Open

8:00 am – 10:00 am Valerie Dangler, RDH, BSDH: Innovations in Dental Hygiene….and our Look into the Future!
(2 Hours Awarded)
CONVENTION HALL A

8:00 am – 10:00 am Aaron Light, DDS: The Eyes Can Only See What the Brain Knows to Look For…A Dental Hygiene Crash Course in TMJ, Sleep, and Myofunctional Therapy
(2 Hours Awarded)
HARRISON MEETING ROOM DE

10:00 am – 10:15 am Break
10:15 am – 11:30 am General Assembly Meeting/Business Session I
CONVENTION HALL A
11:30 am – 12:00 pm Balloting for Election of Officers (Voting Members Only)
11:30 am – 1:00 pm Onsite Lunch (meal included and exhibit hall open)

12:00 pm – 1:00 pm Speed Dating in Dentistry: Student Activity
CORRIDOR BETWEEN CONVENTION HALL A AND HARRISON A-E

1:00 pm – 4:00 pm Nancy Mann, RDH, MSEd: Salad for Breakfast? Cultural Competency in Oral Healthcare
(3 Hours Awarded)
CONVENTION HALL A

1:00 pm – 5:00 pm Valerie Dangler, RDH, BSDH: Workshop: Light Up Your Operatory…an Introduction to Diode Lasers for Today’s Modern Hygienist!
(8 Hours Awarded)
HARRISON MEETING ROOM DE

7:00 pm – 10:00 pm President’s Reception and Awards Ceremony
ATRIUM OF HILTON HOTEL
Saturday, November 12, 2022

6:30 am – 8:00 am Breakfast
7:30 am – 10:00 am Registration
7:30 am – 11:45 am Silent Auction Open
8:00 am – 12:00 pm Exhibit Hall Open

7:00 am – 11:00 am Valerie Dangler, RDH, BSDH: Workshop: Light Up Your Operatory...an Introduction to Diode Lasers for Today’s Modern Hygienist!
(8 Hours Awarded)
HARRISON MEETING ROOM DE

8:00 am – 10:00 am Kathy Nahrwold, RDH: Ethics
(2 Hours Awarded)
CONVENTION HALL A

8:00 am – 10:00 am Jane Grover, DDS, MPH: Community Dental Health Coordinator Program–Your Career Expander and Extender!
(2 Hours Awarded)
HARRISON MEETING ROOM AB

10:00 am – 10:15 am Break

10:15 am – 11:15 am General Assembly Meeting/Business Session II
CONVENTION HALL A

11:15 am – 11:45 am Installation Ceremony/Pin the President/Pass the Gavel and 2022-2023 President’s Message
11:45 am – 12:00 pm Silent Auction Winners Announced

12:00 pm – 2:00 pm Offsite Lunch (meal not included and exhibit hall closed)
Please visit Conner’s Kitchen and Bar for lunch and mention IDHA. 10% of sales will be donated to IDHA!

2:00 pm – 4:00 pm Kathy Nahrwold, RDH, Valerie Messer, RDH, and Gretchen Frownfelter-Grimpe, RDH: Management of Emergencies in Dental Offices
(2 Hours Awarded)
HARRISON MEETING ROOM AB

2:00 pm – 5:00 pm Jenifer Bryant, RDH, MSEd and Wilhemina Leeuw, MS, CDA, EFDA: Nitrous Oxide and Oxygen Sedation
(3 Hours Awarded)
CONVENTION HALL A

5:30 pm – 6:30 pm Post-Annual Conference BOD Meeting

*Attendance at a state meeting sponsored by an approved organization is awarded one (1) credit hour.*
CONTINUING EDUCATION

Innovations in Dental Hygiene....and our Look into the Future!
(2 Hours Awarded)
Friday, November 11, 2022; 8:00am—10:00am

This lecture will provide the latest trends and technologies in dentistry that has and will continue to impact the way we practice dental hygiene. We will explore how emerging technologies have improved patient care outcomes, and discuss additional opportunities for today’s modern hygienist.

Course Objectives:
• Evaluate what the comprehensive care model looks like for today’s dental hygienist
• Learn about new dental trends and emerging technologies that has created a shift in how we practice today and into the future
• Explore efficient workflows with technology that enhances patient diagnostics
• Empower the dental hygienist; Our opportunity is Now!

Valerie Dangler, RDH, BSDH
Influencer, Speaker, Consultant, Educator
As an enthusiastic and passionate dental healthcare professional with an established reputation of successful leadership and results, Valerie is recognized as an expert in dental practice management, dental hygiene education, clinical training and development, and sales consulting.

Valerie has spent the last 28 years in the dental industry having served as a Dental Assistant, Office Manager, Clinical Dental Hygienist, Educator, Mentor, and Regional Operations Leader. As CEO of ValDent Solutions, Valerie has been responsible for the training and development of dental teams, implementing new product innovations and technologies that enhance the standard of care and patient experience, while contributing to growth in revenue for private practices and dental service organizations. Val lectures throughout North America and is a KOL and Advisor for multiple dental companies.

Valerie graduated from Northern Arizona University with a Bachelor of Science and received an AAS Degree in Dental Hygiene from Rio Salado College. She is a licensed Registered Dental Hygienist in multiple states and in 2004 received her Laser Certification from The Academy of Laser Dentistry. Val is Board Certified to provide Dental Local Anesthesia and Nitrous Oxide Sedation, and is a proud recipient of the Hu-Friedy® Golden Scaler award. She is an active member of the American Dental Hygienists’ Association, a past President of the Georgia Dental Hygiene Association, and member for the Dental Codeology Committee. Val provided testimony at ADA in Chicago that was recognized in the 2019 ADA CDT manual.

Check out her supplemental workshop on the next page!
Workshop: Light Up Your Operatory....an Introduction to Diode Lasers for Today’s Modern Hygienist!

(8 Hours Awarded)
Friday, November 11, 2022; 1:00pm—5:00pm

*Attendance for Innovations in Dental Hygiene Course required*
*Note additional fee ($25) for certification with limited registration!

The Diode Laser has become the most utilized laser in Dental Hygiene practice today. This course will cover both a didactic and hands-on training to empower the hygienist to implement diode lasers into their everyday workflow while improving the standard of care for their patients.

**Course Objectives:**
- Learn the fundamentals of **Diode Lasers** and how we can **improve patient care while practicing safely**
- Establish the **benefits** that diode lasers provide for patients, the provider, and the practice
- Experience **didactic and hands-on laser instruction** for various hygiene applications and settings including sulcular debridement, disinfection, aphthous ulcers, herpetic lesions, hemostasis, whitening, pain therapy, and desensitization
- Discover how to **integrate diode lasers** into your hygiene workflow while **increasing profitability** for your hygiene department

**Presented by Valerie Dangler, RDH, BSDH**

(Bio on previous page)
CONTINUING EDUCATION

The Eyes Can Only See What the Brain Knows to Look For.... A Dental Hygiene Crash Course in TMJ, Sleep, and Myofunctional Therapy

(2 Hours Awarded)
Friday November 11, 2022; 8:00am—10:00am

In this 2-hour lecture Dr. Aaron Light of the TMJ & Sleep Therapy Centre of Ft. Wayne will review the hygienists’ role in screening for TMD, Sleep, and Myofunctional disorders. Hygienists need to be armed with what to look for, how to pick up these nuances, and how to communicate their findings appropriately. You’ll leave this lecture with an immense amount of information that you will be able to use on Monday morning. At the end there will be dedicated time for Q&A to cover any related topics.

Course Objectives:
- Why the dental hygienist is the best provider to screen for TMD, Sleep, and Myofunctional pathology
- How a dental hygienist can transform a patient’s life by proper screening
- Understanding the relationship between orthodontics, TMD, sleep and myofunctional disorders
- Tips, tricks, and considerations for treating patients with severe gag reflex and TM joint pain
- Why early intervention can prevent long term problems of the TM joint and craniofacial development

Dr. Aaron Light, DDS, is a native of Fort Wayne, graduating from Concordia Lutheran High School then moving on to receive a Bachelors of Arts in chemistry from Indiana University. After graduating college, Dr. Light pursued a Masters in Biology followed by a DDS degree from Indiana University School of Dentistry in 2017. Dr. Light moved back to Fort Wayne with his wife, Elizabeth, and proceeded to have two beautiful children, Adaline and Sawyer. Following graduating, he joined a local dental group, Summit Dental Group.

Dr. Light, along with his four partners, began TMJ and Sleep Therapy Centre Fort Wayne 3 years ago. Dr. Light dove deep into the treatment of craniofacial pain, TMD, Sleep apnea, Myofunctional Therapy and tethered oral tissue resulting in hundreds of hours of CE. He is a member of AADSM and is an ambassador for The Breathe Institute.
Oral diseases are a product of behavioral, economic, social, cultural, and environmental factors. Throughout the world, culture is embedded within religious, political, and social contexts and is historically based. Culture influences attitudes and perceptions of health. It is, therefore, important for clinicians to understand how cultural perceptions impact their responses to the oral health care needs of various cultural groups.

In the ongoing efforts to improve the oral health of all people, promoting awareness of the importance of oral health among populations that experience high levels of oral diseases is important. By tailoring services to an individual’s cultural and language preferences, health professionals can improve health outcomes. Culture often influences oral health care practices. Beliefs, experiences, and values shape judgments about what is appropriate in the provision of health care, including oral health. To address these issues, American dental education now includes cultural competence as an educational requirement. In our present culture, this topic is more important than ever.

**Course Objectives:**
- Define cultural competence.
- Explain the importance and benefits of providing culturally appropriate oral health care.
- List various oral health practices throughout the world.
- Discuss the various cultural beliefs that may affect the provision of care to patient populations in the United States.
- Identify strategies for providing culturally competent care.

*Nancy K. Mann, RDH, MSEd,* is a clinical professor of dental hygiene at Indiana University Fort Wayne, Indiana. She is a graduate of East Tennessee State University, Loyola University of Chicago, and Indiana University. Ms. Mann has lived abroad and taught internationally. Currently she teaches periodontics as well as advanced community dental hygiene and advanced community practicum. She has consulted internationally on dental hygiene curriculum and program competencies and has authored textbook chapters as well as peer reviewed articles. She is certified in local anesthesia and tobacco cessation.
This presentation will cover ethics, professional responsibility, Indiana statutes governing dentists, dental hygienists, and dental assistants as well as licensing laws and administrative rules. The ADA Principles of Ethics and Code of Professional Conduct and ADHA’s Code of Ethics for Dental Hygienists will also be discussed. Questions and dilemmas related to ethics that have occurred and continue to occur in the profession will be discussed and will be coordinated with information specific to the state of Indiana.

**Course Objectives:**
- Better understanding of ethical standards
- Acknowledgement of what Professional Responsibilities are in dentistry
- To know more about Indiana Law for dentists, dental hygienists, and dental assistants

**Kathy L. Nahrwold, RDH,** graduated from the Indiana University/Purdue University of Fort Wayne Dental Hygiene Program in 1980. She has worked in private practice in the Fort Wayne area for the past 41 years.

In 2012, Kathy acquired the business that she had been associated with for over 10 years and changed the name to Absolute OSHA Consulting, LLC. She provides both group and private office seminars in the following areas: OSHA & Infection Control, HPAA training, required Ethics course, Emergencies in Dental Offices as well as CPR training throughout Indiana and surrounding states. She is approved by the Indiana Stated Board of Dentistry as well as the AGD (Academy of General Dentistry) for continuing education credit.

Kathy is a member of OSAP (Organization for Safety, Asepsis and Prevention, an active member of ADHA (American Dental Hygienists Association) and the IDHA (Indiana Dental Hygienists Association where she served as President and legislative chair twice as well as a member of the ABWA (American Business Women’s Association). Kathy is involved in other community projects within the northeast Indiana area.

In 2020, Kathy completed the recently formulated OSAP-DALE Foundation Dental Infection Prevention and Control Certificate Program as a consultant.
This course will assist the office staff to understand that emergencies range from mild to life-threatening. Recognition, prevention, and treatment will be discussed for several emergency situations.

The course will discuss fainting, asthma, COPD, allergies, hypoglycemia, heart attacks, cardiac arrest, stroke, opioids, and other dental emergencies. This will be a hands-on course where participants will participate in several emergency situations to better be able to react in a dental emergency.

**Course Objectives:**
- To be able to recognize a medical/dental emergency
- To demonstrate skills used during a medical/dental emergency

**Kathy Nahrwold, RDH** see bio on previous page.

**Valerie Messer, RDH**, joined Absolute OSHA Consulting, LLC in 2019 as an independent contractor, providing OSHA, HIPAA, Ethics, CPR, and Management of Emergencies in Dental Offices. She is a graduate of the Indiana School of Dentistry Dental Hygiene Program and has been a practicing dental hygienist in private practice for over 25 years.

Valerie has also been an Independent Professional Educator on behalf of Waterpik since 2019 providing education to local dental professionals on the benefits of water flossing and Waterpik products.

Valerie has been a certified Group Fitness Instructor since 2009 and a certified Personal Trainer since 2017.

In 2020, Valerie completed the recently formulated OSAP-DALE Foundation Dental Infection Prevention and Control Certificate Program as a consultant.

**Gretchen Frownfelter-Grimpe, RDH**, is a graduate of the Indiana-Purdue University of Fort Wayne (IPFW) dental hygiene program. Gretchen joined Absolute OSHA Consulting, LLC in 2015 as an independent contractor. She has been a practicing dental hygienist for over 27 years and a CPR instructor for almost 20 years.

She is also a member of the Organization for Safety, Asepsis and Prevention (OSAP) and provides OSHA, HIPAA, Ethics and Management of Emergencies in Dental Offices and provides onsite dental staff and group training for the healthcare provider as well as large group seminars.

In 2020, Gretchen completed the recently formulated OSAP-DALE Foundation Dental Infection Prevention and Control Certificate Program as a consultant.
This course will cover the basics of dental case management which considers the Social Determinants of Health as critical factors in access to care and dental disease management. The genesis, growth and current status of the Community Dental Health Program will be covered in addition to an update of new career opportunities emerging in the healthcare marketplace.

Course Objectives:

- Attendees will understand the core concepts of dental case management and the value of a community health worker skill set
- Attendees will be able to describe the CDHC online program modular content as it adds relevance to a dental hygiene career
- Attendees will be able to visualize how this program could add value to any community program, private practice or faculty position
- Attendees will achieve insights into more effective medical-dental collaboration with measurable outcomes

Dr. Jane Grover became the Senior Director of the Council on Advocacy for Access and Prevention of the American Dental Association in April 2013. She oversees Association activities on topics including community water fluoridation, school based dental programs, community health center, access to care and funding of public health dental programs.

She received her dental degree and Master’s Degree in Public Health from the University of Michigan.

Prior to joining the ADA, Dr. Grover was the Dental Director of an FQHC, faculty of the University of Michigan School of Dentistry and AEGD residency director for NYU Langone.
Course Objectives:

- Implement Indiana jurisprudence as related to nitrous oxide and oxygen sedation administration and monitoring by a dental assistant and dental hygienist.
- Know the pharmacodynamics and physiology of nitrous oxide.
- Identify basic respiratory physiology, including the uptake and distribution of gases.
- Recognize systemic interactions that occur with exposure to nitrous oxide gas.
- Identify safety measures and current practice guidelines for administering nitrous oxide/oxygen sedation.
- List indications, contraindications, and precautions for nitrous oxide/oxygen sedation.
- Outline the procedures to follow for titration of nitrous oxide and the rapid induction technique.
- Calculate the percentage of nitrous oxide gas used based on the liters per minute of nitrous oxide gas and the total liters per minute.
- Understand the techniques steps for the appropriate administration of nitrous oxide/oxygen.
- Identify the signs and symptoms of proper sedation and over sedation.
- Identify the characteristics of the central supply and manifold gas delivery system used in dentistry.

Jennifer Bryant, RDH, MSEd, earned her MSEd in Adult Education from Indiana University Bloomington in 2013. As a Fort Wayne native, she graduated from Indiana University Purdue University Fort Wayne and practiced dental hygiene for more than 25 years before transitioning to full-time faculty at IU Fort Wayne. She teaches Fundamentals of Dental Hygiene, Introduction to Dental Ethics, Clinical Practice 1, and Advanced Clinical Procedures as well as oversees clinic sessions. Jennifer is a member of the American Dental Hygienists’ Association, American Dental Education Association, and the Organization for Safety, Asepsis and Prevention (OSAP).

Wilhemina Leeuw, MS, CDA, EFDA, is a full-time clinical assistant professor for the Indiana University School of Dentistry and IUFW. She practiced as a DANB-certified dental assistant in general dentistry for over 12 years before transitioning into education where she has been since 1995. She continued her education, receiving a Master’s degree in Organizational Leadership and Supervision from Purdue University. In addition to her faculty position, she has authored articles and continuing education courses for the ADAA as well as P&G’s dentalcare.com. She serves IKDAS and the IDAA and was employed by the ADAA as the Education Coordinator from 2006 to 2015 and represented them as Subject Matter Expert for the National Infection Control Consortium in 2015. She is a textbook reviewer for Elsevier and a trained CODA site-visitor since 2016.
Speed Dating in Dentistry

Interested in representing your profession or company at the 2022 IDHA Annual Conference?

Friday, November 11, 2022
Grand Wayne Convention Center
Fort Wayne, IN

Contact us:
IDHACentralOff@gmail.com

Give students the opportunity to ask questions about your specific career path and what makes it unique!

As a company representative or employer, get to know the future of dental hygiene.
IDHA 2022

President's Reception

CELEBRATING PRESIDENT MCNICHOLAS AND ALL OUR MEMBERS

Friday, November 11th 2022
7pm - 10pm
Hilton Fort Wayne at the Grand Wayne Center
Awards, Dinner, Cash bar, Music

Tickets: $65 per person
(guests welcome!)

Get ready to luau with Lauren!
The Conference

Grand Wayne Convention Center
120 W Jefferson Blvd.
Fort Wayne, IN 46802

Lodging and Reservations

Hilton Fort Wayne at the Grand Wayne Convention Center
1020 South Calhoun St.
Fort Wayne, IN 46802

Room Block Information: $109/night
Reservations: call 1-260-420-1100
Or visit their website

*Must reference IDHA Annual Conference to receive these room block rates!
Room block/rate available until October 21, 2022
Q. What is the IDHA refund policy?
A. Members/Attendees must submit cancellation notices and refund requests at least 30 days in advance of the Annual Conference. These requests are to be submitted in writing (email or mail only) to the IDHA Executive Director at IDHACentralOff@gmail.com or 315 East Utica #556 Sellersburg, IN 47172. A $75 administrative fee will be applied to any refund request for the full conference registration fee. A $25 administrative fee will be applied to any refund request for student or single-day registration fees. The President’s Reception is not eligible for a refund. Please allow 7-10 business days for refunds to be processed. Refunds for extenuating circumstances will be evaluated on a case-by-case basis.

Q. Can I register at the main registration rate up to the day of the conference?
A. No. Early-Bird and Main Registrations can be processed via mail, email, or online up through November 4. As of November 5, all registrations will be considered on-site, will require payment of the on-site fee, and must be completed at the conference. Meals are not guaranteed after November 4th.

Q. Can I register online?
A. Certainly! To register online, click on the following IDHA Eventbrite link. It will take you to the 2022 IDHA Annual Conference online registration event. View the information provided, under tickets—select the category/categories for which you wish to register, and follow additional prompts as provided. If you have any questions on online registration, contact IDHA Executive Director Danielle Dodson at: IDHACentralOff@gmail.com.

Q. What is your privacy policy? Will my information be provided to others?
A. IDHA abides by the Privacy Policies established by ADHA which can be found here: http://www.adha.org/resources-docs/7171_ADHA_Privacy_Policy.pdf. For details on information provided to others, see page 4 of the referenced policy document.
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